

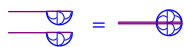
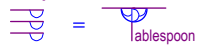
# Liquid Measures

tsp = teaspoon; Tbs = Tablespoon; oz = ounce; cp = cup; pt = pint; qt = quart; gal = gallon

## Ounce

$3 \text{ tsp} = 1 \text{ Tbs}$

$2 \text{ Tbs} = 1 \text{ oz}$



Be aware: A typical kitchen teaspoon holds 2 tsp!

ounce



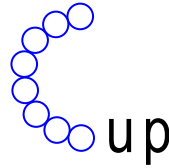
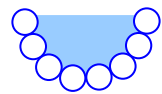
## Cup

8 ounces

$2 \text{ Tbs/oz} \times 8 \text{ oz/cup} = 16 \text{ Tbs/cup}$

Imagine using 8 of the ounce's "O" symbols to build a Cup.

Double the Ounces to find the number of Tablespoons!



Drinking an 8 oz cup of water adds about 1/2 pound to your weight.

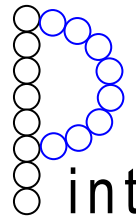
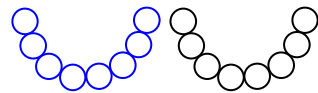
## Pint

"Pi" rhymes with "bi" = 2 cups

16 ounces = 2 cups

### Weight

A fluid ounce measures volume.  
A dry ounce measures weight:  
16 dry oz = 1 pound weight  
But a pint of water (16 fluid oz) also weighs about 1 pound.

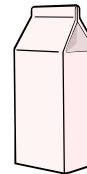
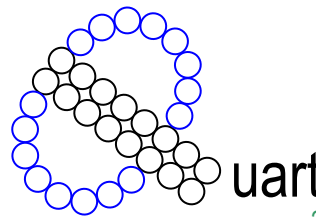
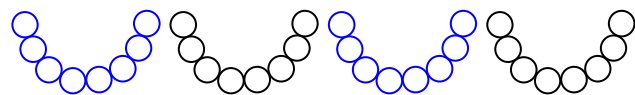


1 pint ≈ 1 pound

## Quart

"Quar" rhymes with "four" = 4 cups

32 ounces = 4 cups = 2 pints

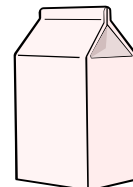
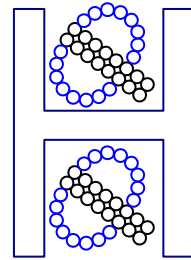
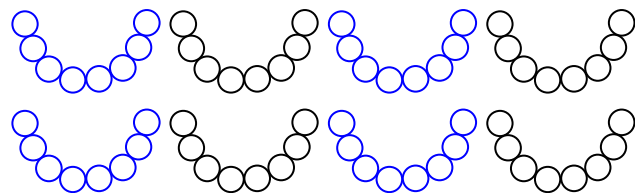


2 pints ≈ 2 pounds

## Half Gallon

"H" rhymes with "eight" = 8 cups

64 ounces = 8 cups = 4 pints = 2 quarts



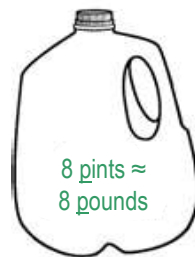
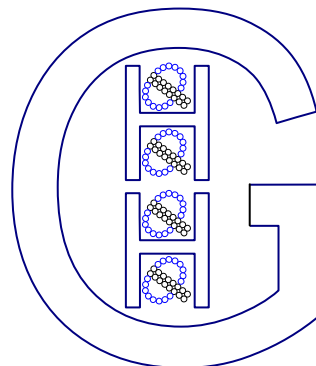
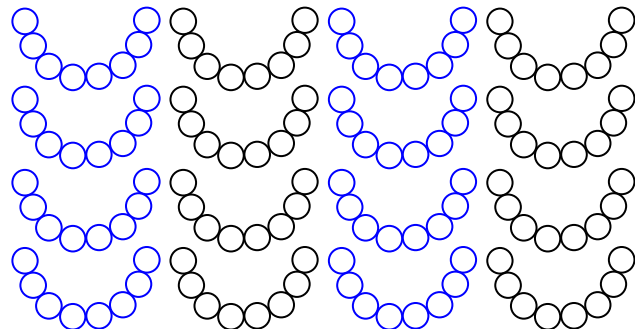
4 pints ≈ 4 pounds

alf gallon

## Gallon

"G" looks like "6" = 16 cups

128 ounces = 16 cups = 8 pints = 4 quarts = 2 half gallons



8 pints ≈ 8 pounds

allon