



THIS IS THE ORIGINAL CRUISE.  
Costs & logistics for Vegan Antarctica 2 will differ.

# Vegan Antarctica!

Feb 20 – Mar 1, 2019



Updated September 28, 2021



Click to ensure latest update: [www.maxlearning.net/VeganAntarctica/VTDetails.pdf](http://www.maxlearning.net/VeganAntarctica/VTDetails.pdf)

Team Page: [www.facebook.com/VeganAntarctica](https://www.facebook.com/VeganAntarctica)

For questions or to reserve a berth join the waiting list, email [mike.weinberg1952@gmail.com](mailto:mike.weinberg1952@gmail.com)

Having organized a successful trek (Feb-Mar 2018) up Africa's Mt. Kilimanjaro with 16 companions ranging in age from 18 to 70 ([www.facebook.com/vegankili](https://www.facebook.com/vegankili)), I'm eager for another vegan adventure! Seeking no compensation for my organizing efforts, my goal is to have compatible travel companions while promoting veganism as fun and adventurous. If the 7<sup>th</sup> continent is on your bucket list, this is a tremendous opportunity. We'll have an exclusive vegan menu, dining area, and animal-free cabins. Pre-vegan spouses or companions are welcome if they agree to eat vegan and bring and wear only 100% animal-free gear. There is no single surcharge if you're willing to share a cabin. Join us!

Mike Weinberg, San Diego California

Basics .....	1	Included .....	2	Daily Itinerary .....	4
Estimated Total Cost .....	1	Not Included .....	2	Chimu Blog .....	5
Flight Costs .....	1	Payment Terms & Conditions .....	3	What to Bring/Wear .....	5
Cruise Costs .....	2	Trip Insurance Mandatory .....	3	Vegan Menu .....	5
Group Incentives .....	2	Difficulty Rating .....	3	V-Cards .....	5
Vegan Supplement .....	2	Ship Details: Ocean Atlantic .....	3	Publicity / Team Table .....	5
Options .....	2	Ship Internet .....	3		

## Basics

- \* 8 twin cabins (16 berths) at 35% off for a limited time on a first-come basis.
- \* Group-size incentives that can lower the cost even more.
- \* Vegan menu, vegan dining area, animal-product-free cabins and gear.
- \* Commit to be in good physical shape if desire to do shore excursions via Zodiac boat.
- \* Need rain gear, cold-weather jacket, layers, hood, gloves, etc. (Ship provides rubber shore boots).
- \* Bring and wear only 100% animal-free clothing, gear, and shoes (no leather, wool, down, silk, etc.).
- \* Consent to use of your photo and personal data to promote veganism (see "Publicity" below).

## Estimated Total Cost

**US \$7500-9500 per person** (United States dollars)

\$1500 - \$2500 for roundtrip flights (economy class)

\$5500 - \$6000 for cruise (depending on group incentives)

\$ 500 - \$1000 for vegan supplement, insurance, tips, hotels, gear, extras

The normal rate for just a Standard Twin Cabin is \$9195 per person!

### All Incentives Reached

- \* Free \$200 pre-cruise hotel & transport!
- \* \$5400 vs \$9195 fare!

## Passenger List

1. Mike Weinberg
2. Jim Miersma
3. Dave Holland
4. Judy Nekimken
5. Barbara Lafaver
6. Dennis Gleason
7. Patrick Guera
8. Shaun Mcadams
9. Vishal Mehta
10. Aleksii Reenpää
11. Tita Zierer
12. Robin Clyde
13. Dina Kourda
14. Terry Kourda
15. Bonnie Capehart
16. David Capehart
17. Alcinda Maraj

## Flight Costs

### Home – Buenos Aires - Ushuaia

Flights typically land first in Buenos Aires, and there may be an overnight layover until the next flight to Ushuaia. If so, you may want to book a hotel and enjoy this fascinating city, which currently has over twenty [vegan eateries](#). On my visit in 2015, it had only 9 vegan eateries, which I thought was impressive considering Argentina's meat-heavy reputation.

### Plan to arrive in Ushuaia at least one day early: Tue, Feb 19, 2019

This likely means you'll need to start your flight on Mon, Feb 18. If we reach the 8-passenger threshold, a pre-cruise transport/hotel package is included (see "Group Incentives" below). Otherwise, you will need to book a hotel for Feb 19 and arrange your own transportation from the airport to the hotel and from your hotel to the ship the following day.

### Book return flight no earlier than 12 noon Fri, Mar 1, 2019.

On March 1, after the included breakfast, ship disembarkation usually occurs from 8 am – 9 am. Ordinarily you're offered the choice of being taken to the airport or dropped at a hotel. If there's a group of people leaving later in the day, a group transfer may be possible. But it's only about a 10-minute ride to the airport, so if people are leaving at different times, taxis are simple to negotiate.

## Cruise Costs

[www.chimuadventures.com/en-us/tour/discover-antarctica-cruise-20-02-2019](http://www.chimuadventures.com/en-us/tour/discover-antarctica-cruise-20-02-2019)

### 10-Day Discover Antarctica

See "Ship Details" and "Daily Itinerary" below.

**\$5975 per person double occupancy**

Standard Twin Cabin (35% discount off the normal rate of \$9195/person)

**\$150 per person gratuities for the crew**

Recommended \$15/person per day x 10 days = \$150

### No Single Surcharge

No surcharge if willing to share a cabin. Private cabin may be available upon request for a surcharge.

## Group Incentives

### 8 passengers: Free pre-cruise package

Pick up from Ushuaia airport, pre-cruise night at hotel (WiFi & vegan breakfast included), next-day transfer to ship. (\$200/person value)

[Hotel Albatros](#) or similar 3-4 star centrally-located hotel near [veg-friendly stores and eateries](#).

### 12 passengers: \$200/person discount

New fare \$5975 - \$200 = **\$5775 / person**

### 16 passengers: Additional \$375/person discount

New fare \$5775 - \$375 = **\$5400 / person** (A \$575/person savings!)

## Vegan Supplement

### \$50 per person

- 100% vegan, whole-food, plant-based menu (see "Vegan Menu" below)
- Animal-product-free food storage/prep.
- Segregated and/or thoroughly-precleaned cooking surfaces/utensils to avoid cross contamination.
- Vegan dining section as isolated as possible from passengers consuming animal products.
- Animal-product-free cabins (no feathers, silk, wool, leather, animal-based soaps, shampoos, coffee creamers, etc.)
- 100% animal-free provided gear (boots, snowshoes, kayaks, etc.)

## Options

### Pre-Cruise Package in Ushuaia

We strongly advise you to book at least one night's pre-accommodation in Ushuaia in the case of flight delays. Choose from our one- or two-night packages which include 1. Accommodation including breakfast daily. 2. Transfer from Ushuaia Airport on arrival. 3. Transfer from Hotel to Port on embarkation day. *With the 8-passenger group incentive, we'll each get the one-night package free!*

### Snowshoe Excursion \$350/person

[www.chimuadventures.com/sites/default/files/Snowshoeing%20in%20Antarctica.pdf](http://www.chimuadventures.com/sites/default/files/Snowshoeing%20in%20Antarctica.pdf)

A unique way to explore Antarctica. It makes walking up gentle slopes a breeze, allowing you to explore places others struggle to reach in boots alone. *I plan to sign up for this!*

### Kayak Excursion \$750/person (previous kayaking experience required)

[www.chimuadventures.com/sites/default/files/Kayaking%20in%20Antarctica.pdf](http://www.chimuadventures.com/sites/default/files/Kayaking%20in%20Antarctica.pdf)

Kayaking in the far-flung corners of the world is an experience guaranteed to refresh your soul. Paddling in small groups, you'll glide between ice floes, brash ice and icebergs dotted with wildlife.

## Included

- \* Shipboard accommodation
- \* All meals onboard
- \* All scheduled landings/excursions (weather permitting, 2 shore excursions per day)
- \* Boots for use during the voyage
- \* Guiding & lectures by English-speaking expedition team and leader
- \* All port & landing fees
- \* Group transfer from ship to airport upon disembarkation

## Not Included

- \* Airfares to/from embarkation and disembarkation city
- \* Visa, passport, vaccination fees (if applicable)
- \* Pickup at airport, pre-cruise hotel, transport to ship (*included if reach 8-passenger incentive*)
- \* Travel Insurance (mandatory)
- \* Beverages (other than coffee and tea)
- \* Laundry and personal expenses incurred on board
- \* Gratuities for the crew (recommended \$15/person per day)

## Payment Terms & Conditions

<https://www.chimuadventures.com/en-us/content/terms-and-conditions>

Booking is on a first-come basis until 16 berths are reserved.

Besides the cabins set aside for our team, only a few other cabins remain shipwide. At the end of August, our unclaimed cabins will be released to the general public. Even though our special fare starts at 35% off the going rate (with the opportunity to knock off ~10% more if we reach all our group incentives), price seems to be the major issue with many who have contacted me. But if Antarctica is on your bucket list, this is a tremendous opportunity that will be hard to match on future cruises.

\* **15% nonrefundable deposit on booking** (normally 25%)

- Payable by Visa/Mastercard (merchant fee waived) via a secure payment link or by bank transfer.

- Trip insurance (mandatory) should reimburse your deposit if you must cancel your reservation for an approved reason.

\* **Final balance due Nov 17, 2018** (95 days before departure; balance will be adjusted if reach incentives)

- Payable by Visa/Mastercard (2-3% merchant fee) or via bank transfer (no receiving-bank fee) to a USD account in Australia.

- A ~2-3% credit card merchant fee on say \$5000 would be \$100-150, so a bank transfer (even with a sending-bank fee) might be cheaper unless your credit card earns double or more points, which typically have a 1% cash value (e.g., 100 points are worth \$1).

- See Terms & Conditions 16. Credit card merchants fee.

## Trip Insurance Mandatory

Terms & Conditions 10.1: The client shall, prior to or at the time of booking, take out, and maintain for the duration of the tour, insurance that will provide indemnity to the client for at least the following: Unlimited medical expenses; Unlimited repatriation expenses.

\* Trip insurance cover accidents, emergency evacuation, sickness, loss of baggage/belongings, trip cancellation, and travel disruption.

\* Use a reliable company, such as:

- World Nomads: <http://www.worldnomads.com> (my favorite!)

- Travel Guard: <https://mvp.travelguard.com>

\* Apply at or soon after booking trip to avoid denial of coverage by some companies.

## Difficulty Rating

2 - Light Adventure

## Ship Details: Ocean Atlantic

<https://www.chimuadventures.com/en-us/ships/Antarctica/Ocean-Atlantic>

Ocean Atlantic is the perfect vessel for expedition cruising in Antarctic and Arctic waters. Newly renovated in 2016 and with an international ice class rating of 1B, she is one of the strongest ships operating in Antarctica and the Arctic. Her high maneuverability, shallow draft and strong engines allow for extended voyages into isolated fjords, creating exciting adventures for any Polar traveler.

\* Crew of 140 serves up to 195 passengers in 118 inside & outside cabins.

\* Max speed: 17 knots. Length: 458 ft (139.55 m). Breadth: 69 ft (21 m). Draught: 19 ft (5.8 m).

\* Observation lounge, bar with panoramic views, jacuzzi, gym, sauna, pool, library, lecture theatres, boutique, large open deck spaces, doctor on board.

\* Stabilizer to minimize rocking on rough seas (*Hope for the Drake Lake, not the Drake Shake!*).

\* Fleet of 20 Zodiac & RIB (Rigid-hulled Inflatable Boat) boats.

\* Electrical Outlets: European.



### Standard Cabin (Cat D)

- Located on Columbus Deck (Deck 4)
- Double bed or 2 single beds
- Private bathroom
- Porthole
- Turndown-service
- Phone for internal calls
- Individual temperature controls
- TV

## Ship Internet

Internet on the ship will be via a satellite connection (not WiFi), and there will be moments in remote areas where there is no coverage. You can set up an email account, but there is a charge.

## Daily Itinerary

<https://www.chimuadventures.com/en-us/tour/discover-antarctica-cruise-20-02-2019#itinerary>

Antarctica cruises are subject to weather, ice, and other local conditions. The actual itinerary is determined as the cruise progresses.

### \* Day 1: Depart Ushuaia (Wed Feb 20)

This afternoon we will meet with your Chimu escort in a central location before heading to the ship. We board our vessel in the world's southernmost city, Ushuaia. After meeting our fellow passengers and finding our way around our new home, we set sail through the famed Beagle Channel. Passing incredible scenery, we glimpse our last sight of land as we head south towards Antarctica.

### \* Day 2: Crossing the Drake (Thu Feb 21)

We spend the day at sea, through the legendary waters of the Drake passage that is named after famous English seafarer, Sir Frances Drake. If conditions allow, enjoy the ample outer deck space to look for dolphins, whales and orcas as well as seabirds including the mighty Albatross following the ship. A comprehensive optional lecture program will also get under way, with some fascinating insights into Antarctic history, geology, biology and everything in between.

### \* Day 3: Drake Passage, arrival to South Shetland Island (Fri Feb 22)

Today we continue crossing the Drake passage and hope to make landfall by early evening if conditions are favourable. The South Shetland Islands are a string of islands running parallel to the north west coast of the Antarctic peninsula. The South Shetlands are almost completely ice covered. The first sighting of land always brings great excitement on any expedition south.

### \* DAYS 4 - 7: Antarctic Peninsula (Sat Feb 23 – Tue Feb 26)

For the next four days we explore the Antarctic Peninsula that is famed for its majestic mountains, glaciers, calm waters and abundance of wildlife. The Antarctic Peninsula is regarded by many visitors as being one of the most beautiful places on earth. Jagged mountain peaks clad in glaciers flowing sometimes down to the sea or spilling into mid air from an altitude of hundreds of feet or more. Huge open skies, enormous icebergs, low clouds, sudden weather changes and constant surprises from the abundant wildlife you see will keep you in a constant state of awe.

Our lecture program continues during our voyage and sightseeing during this period is at its most spectacular off the ship's outer decks. We hope to visit an active research station during our time on the peninsula (subject to approval) as well as explore well known sites such as the Lemaire Channel, Deception Island, Paradise Bay and Neko Harbour. Whilst on the Peninsula we will have our famous Antarctica quiz as well as a host of interesting night time activities.

We plan to make at least two landings a day, giving you as many opportunities as possible to explore the pristine Antarctic wilderness of snow, ice, mountains, glaciers and icebergs with their cracks and crevices reflecting an amazing spectrum of blue colours, and to marvel at its wildlife.

### \* DAY 8: Crossing the Drake (Wed Feb 27)

Leaving Antarctica behind we sail north to our home port of Ushuaia. We have time to reflect on our amazing journey and hear more wonderful talks on Antarctica.

### \* DAY 9: Crossing the Drake (Thu Feb 28)

By the evening we hope to be back in the tranquil surrounds of the Beagle, ensuring a restful night's sleep. Our last meal together is often a highlight of any Chimu trip.

### \* DAY 10: Arrival in Ushuaia (Fri Mar 1)

After breakfast we disembark the ship. We wave goodbye to our new friends and continue on our journey or home. Transfer to the airport is included. \* Important - Please be sure not to book flights out of Ushuaia before 12pm (noon) on the day of disembarkation.





# Chimu Blog

<https://www.chimuadventures.com/blog/antarctica-facts/>

Dozens of blog entries about Antarctica travel.

## What to Bring/Wear

<https://www.chimuadventures.com/blog/2015/11/top-packing-tips-for-an-antarctica-adventure/>

<https://www.chimuadventures.com/blog/2016/07/weather-in-antarctica/>

It will be cold but probably only several degrees above or below freezing (32F / 0C), absent any wind chill. As we will be making 2 or more daily landings via open-water Zodiac boat, waterproof outer gear is a necessity. A rain/wind shell hooded-jacket and pants over several synthetic layers for warmth should suffice. Rubber boots are provided for shore excursions.

## Vegan Menu

The ship owners confirmed that they already offer a vegan option for each course on their menu, but I plan to work with the cruise agency and ship staff on a separate vegan menu for our group.

## V-Cards

[www.maxlearning.net/HEALTH/V-Cards](http://www.maxlearning.net/HEALTH/V-Cards)

To ensure cruelty-free meals while traveling, I created V-Cards (currently in 105 languages). Although I generally patronize only 100% vegan eateries, these cards are useful in non-vegan eateries as well as grocery stores and shops. Simply hand a card to the waiter, chef, or store clerk. Feel free to download the file and print a page of English-Spanish cards for use in Argentina.

<p><b>I AM VEGAN</b>                  Plant foods only please!  <b>NO MEAT</b>                  No mammal, bird, fish, seafood, insect, sauce, broth...  <b>NO EGG</b>                  No whites, albumen, yolk...  <b>NO DAIRY</b>                  No milk, cheese, yogurt, whey, casein, lactose...  <b>NO ANIMAL PRODUCTS</b>                  No honey, gelatin, lard, oil, blood, bone, fat...  <b>[English]</b></p>	<p><b>YO SOY VEGANO / A</b>                  Sólo alimentos de origen vegetal por favor!  <b>SIN CARNE</b>                  Sin mamíferos, aves, pescados, mariscos, insectos, salsa, caldo  <b>SIN HUEVO</b>                  Sin clara de huevo, albúmina, yema de huevo ...  <b>SIN LÁCTEOS</b>                  Sin leche, queso, yogur, suero de leche, caseína, lactosa ...  <b>SIN PRODUCTOS DE ORIGEN ANIMAL</b>                  Sin miel, gelatina, manteca, aceite, sangre, hueso, grasa ...  <b>[Spanish]</b></p>
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Aboard ship, the wait staff will mostly be English-speaking Filipinos. The expedition staff will be mostly Scandinavian with some Brits, Americans, Canadians and Aussies possibly amongst them.

## Publicity / Team Table

To promote veganism as fun and adventurous, I'll be seeking publicity for and about our venture.

After you book a berth, I will ask you to provide a headshot photo, your age, city/state/country, and years of veganism (or list you as "pre-vegan"), which will be added to a Team Table. This lets you learn a bit about each passenger and be able to recognize them upon meeting.

In news releases to online or print publications, your name and comments may appear.

And after we return, I'll post any photos or videos you'd like to share by linking them to our Facebook team page.

Vegan Antarctica Expedition Team					Feb 20 - Mar 1, 2019	
 Mike Weinberg San Diego California Age 68 22-year vegan	 Jim Miersma Anahem Hills California Age 67 Pre-vegan	 Dave Holland Santa Fe New Mexico Age 53 9-year vegan	 Judy Nekinken Los Alamitos New Mexico Age 58 3-year vegan	 Alcinda Mara Schuette Massachusetts Age 55 Pre-vegan		
 Barbara Lafaver La Mesa California Age 71 10-year vegan	 Cecilia Garza Fremont County Colorado Age 75 Pre-vegan	 Patrick Guera Lakeside California Age 38 Pre-vegan	 Shaun Mcadams San Diego California Age 40 Pre-vegan	 Vishal Mehta Hyderabad India Age 32 1-year vegan		
 Tita Zierer Toronto Canada Age 57 25-year vegan	 Robin Clyke Toronto Canada Age 56 Pre-vegan	 Dina Kourda Irvine California Age 48 24-year vegan	 Terry Kourda Chula Vista California Age 72 24-year vegan	 Bonnie Capehart Santee California Age 71 8-year vegan		 David Capehart Santee California Age 79 8-year vegan